

## Reading List for Domestic Violence Advocates

Book Title:	Author:	Helpful Reading for ...
<a href="#"><u>Why Does He Do That? Inside the Minds of Angry and Controlling Men</u></a>	Lundy Bancroft	Understanding different types of perpetrators of domestic violence and the varying dynamics of domestic violence
<a href="#"><u>The Deepest Well: Healing Long-Term Effects of Childhood Adversity</u></a>	Nadine Burke Harris, M.D.	Building knowledge on the effects of Adverse Childhood Experiences (ACEs)
<a href="#"><u>The Body Keeps Score: Brain, Mind and Body in the Healing of Trauma</u></a>	Bessel Van Der Kolk, M.D.	Gaining insight into traumatic stress and the brain and body's responses to experiences of trauma
<a href="#"><u>Trauma and Recovery: The Aftermath of Violence – From Domestic Abuse to Political Terror</u></a>	Judith Herman, M.D.	Learning more about the history of our treatment of trauma and healing
<a href="#"><u>8 Keys to Safe Trauma Recovery: Take Charge Strategies to Empower Your Healing</u></a>	Babette Rothschild	Survivors that are interested in self-help and trauma-informed strategies to healing their the trauma they have experienced
<a href="#"><u>Ordinary Magic: Resilience in Development</u></a>	Ann S. Masten	Exploring the current knowledge on resilience in children and youth

[When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse](#)

Lundy Bancroft

Survivors that are parents and would like to learn more about how domestic violence impacts their children

